MissionPREP

MissionPREP Health Protocol 2023

As we look forward to spending one or two weeks together in a community of adults and children, we endeavor to live responsibly while considering one another's needs.

We have reviewed the current public health recommendations in Ontario regarding covid. Please consult this site if you wish. We are setting in place the following protocols in order to reduce the potential spread of contagious illnesses during the program.

1. Masking while at the program is optional. In public in Ontario masking is no longer mandated. However a business could still ask you to mask to enter its premises, for example, in Doctor's offices, long term care homes, etc. Most businesses would consider masking optional. There may or may not be hand sanitizer available as you enter and exit an establishment.
2. Please ensure you wash hands or use sanitizer before class, meals and snacks. Hand sanitizer will be at the start of the buffet line.
3. High touch surfaces in classrooms will be sanitized daily.
4. Rapid antigen tests for covid-19 are available from us if you request them.
5. You will be provided with a form (questions below) to do a daily health self-assessment. A parent will to a health assessment for his or her child(ren) under the age of 18 yrs.

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Daily screening for illness at MissionPREP Courses

A) Do you or your child have any 1 of the following symptoms? **Yes/No**

- Fever greater than 37.8 degrees or chills?
- Cough or barking cough?
- Shortness of breath?
- Decrease or loss of sense of taste or smell?

B) Do you or does anyone in your household have 2 or more of these symptoms? **Yes/No**

- Sore Throat or difficulty swallowing?
- Headache?
- Extreme fatigue?
- Runny nose or nasal congestion?
- Muscle aches or joint pain?
- Gastrointestinal symptoms such as Nausea or vomiting or diarrhea?

If 'YES', to A or B, stay home and isolate until you no longer have a fever in the past 24 hours and your other symptoms have been improving for at least 24 hours (48 hours in the case of nausea, vomiting, or diarrhea.) When you return to class please wear a mask until all symptoms are resolved.

If you have any questions or concerns about this policy, please contact Ken Benson (416-884-6514 director@missionprep.ca) or Denise Duggan (416-840-5488 admin@missionprep.ca).

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Daily Health Check

(For adults 18 years and older. Parents will check children 17 years and under.)

Date	Name	Part A Y or N?	Part B Y or N?